

## Virus Treatment protocol:

All the following dosing is for an adult weighing at least 150 pounds. For adults or children weighing less than 150 pounds, then one will divide the dose into the weight. So if the infected person is 75 pounds, then halve the dose. This is a general guide for using the tinctures to help with the symptoms of a virus.

### Acute infection:

- 1) Bubbling Well – 3 droppersful 3 times a day (3 TID). (2 bottles per week). Regulates heart function. Lowers both Diastolic and systolic blood pressure. This is something I give to help the liver and heart function better while sick – or as a preventative against more severe issues such as cytokine storm.
- 2) XCHT – 3-4 droppersful 3-4 times a day (3-4 TID or QID). Regulates the disease on the inside, venting it out of the body. Herbs in this formula help with the spike protein, as well as alternating fever & chills, one-sided headache particularly in the temples or sides of the head, rib-side pain, etc.
- 3) Colstiffneckasin: 3-4 droppersful 3-4 times a day (3-4 TID or QID). For cold, stiff neck, stiff nape of the neck, sinus congestion, and headache – generally if the headache is in the center of the head. If one begins to sneeze, take this at onset of infection.

If acute infection moves to the lungs then –add >

- 4) Thick Green Cough: 3-4 droppersful 3-4 times a day (3-4 TID or QID). For a purulent cough, with expectoration of thick green mucous.

If there is wheezing, shortness of breath, low oxygen levels, or hard to expectorate sputum:

- 5) Easy Wheezy Peasey: 3-4 droppersful 3-4 times a day (3-4 TID or QID).

If acute infection moves to GI/ Stomach:

- 6) Upchuckarrhea: 3-4 droppersful 3-4 times a day (3-4 TID or QID). Use this also if there is frontal headache, or diarrhea, or loss of sense of taste and smell.

If there are body aches:

- 7) Use CHGZT: 3-4 droppersful 3-4 times a day (3-4 TID or QID).

If there is a sore throat:

- 8) Use It'sjusta Sorethroat: 3-4 droppersful 3-4 times a day (3-4 TID or QID).

If there is an occipital headache and sneezing:

- 9) Use GZT: 3-4 droppersful 3-4 times a day (3-4 TID or QID).

For the week of infection up Vitamin D to 10,000 IU daily, or one dose of 40,000 IU for the week.

Vitamin A to 20,000 IU max daily

Vitamin C to 2,000 mg every 4 hours.

Vitamin K2 – one cap.

After acute infection, reduce supplements to regular amounts.

Post Infection 2-4 weeks:

Generally, Keeping the Red Fed or Grampo 3 times a day (3 TID or QID).

As well, as a tonic as decided by us to match your current lifestyle.

Tonics:

- 1) DQW – Du Qi Wan – Tonifies the yin of the lungs, astringes the lungs.
- 2) BZS – Ba Zhen San – Tonifies Qi & Blood.
- 3) LWDHW – Liu Wei Di Huang Wan – Tonifies the yin.
- 4) SWT – Si Wu Tang – Tonifies the blood.
- 5) Nectar – Tonifies the Kidney qi and yang.

Don't uses tonics until all signs of the acute infection have faded.

Preventatives:

Nothing can be said to prevent catching the virus. However, keeping vitamin levels optimal, keeping rest maximized, nutrition optimized, and stress levels minimized are all things which are known to be helpful in maintaining wellness. If a member of your household contracts a virus, then one can try using the above methods, along with masking using an N95, and

GCGJT: Gan Cao Gan Jiang Tang – gan cao inhibits rna transfer, and gan jiang interrupts the spike.

Post infection risks:

The risks from catching the virus and/ or being vaccinated is that other organs may have acute problems due to effects of the spike. Sequelae can include electrical malfunction of the heart, myocarditis, pericarditis, arrhythmia, appendicitis, TIA/ stroke, blood clots, gall bladder attacks, impaired immunity, long term respiratory damage, digestive issues, malaise, brain fog, loss of sense of taste & smell, etc.

If one develops one of the above conditions, seek out a practitioner to work with, who understands the herbs which are needed to work on these other systems.

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